WLTC Coaching Programme Winter 2020/2021

Mondays

4.15 – 5.15 pm: 10 & U Team Training
4.30 – 5.30 pm: Mini Red (ages 5-8)
5.30 – 6.30 pm: Mini Orange/Green (ages 8, 9 & 10)
6.15 – 7.45 pm: 12 & U Team Training

Tuesdays

1.30 – 3.00 pm: Ladies Doubles Training for Team Players
6.30 – 7.30 pm: LTA Pair & Play Doubles for Ladies (Improvers)

Wednesdays

4.00 – 5.00 pm: 9 & U Team Training
5.00 – 7.00 pm: 12 & U Team Training
7.00 – 8.00 pm: Cardio Tennis

Thursdays

9.30 – 11.00 am: Mens & Ladies Doubles Training for Team Players

Saturdays

9.00 – 10.00 am: Cardio Tennis
10.00 – 11.00 am: Mini Blue (ages 2 to 4), Mini Red (ages 5 to 8),
                     Mini Orange (ages 8 & 9), Mini green (age 10)
                     Junior Yellow (ages 11-18)
                     Adult Tennis Xpress (Beginners & Improvers)
11.00 – 12.00 am: Junior Yellow (ages 11-18)
                     Adult Tennis Xpress (Beginners & Improvers)
12.00 – 1.30 pm: Mens & Ladies Doubles Training

All sessions to be booked online – remember places are limited
https://clubspark.lta.org.uk/WestcliffLawnTennisClub/Coaching

Any questions or requests for other groups,
please contact WLTC Head Coach Graham Boosey on
07745 943403 or email gbtennisacademy@hotmail.com