Intermediate Adult programme

Thursdays 7pm-8:30pm

Starting on 06/07/2023

Coach: Oli Mason (Head Coach)

£8 per session - Members

£10 per session - Non - Members

Westcliff Lawn Tennis Club

626 London Road, Westcliff-on-Sea, SS0 9HW

To book - Contact:

Oli - 07898946266

oli@olimasontennis.co.uk

- Understand your play style
- How to use strengths effectively
- Identifying opponent's strengths and weaknesses
- New tactics
- Improve technique
- Improve current skill set